

Mount Laurel Fleetwood Football and Cheer 2015 Season

What's New in 2015?

New League – We will be rejoining the South Jersey Independent Youth Football Association. Better competition, better sportsmanship, and more fun!

New Website – New website design with more active and integrated tools will be unveiled shortly but will still be www.mtlaurelfootball.com

New Colors – It is official! New season, new colors, new attitude! We will be moving to Red, White, and Black as our primary colors this year.

New Logo – Along with our new colors we are unveiling our new team Logo



When does registration begin?

Early registration begins **April 15, 2015**. So be ready to take advantage of the lower costs of early registration!

How much is registration?

Early Registration Fees April 15 – June 30th

Football - \$205

Cheer - \$155

Registration Fees July 1 –

Football - \$250

Cheer - \$185

What is included with my registration?

Football

1. All league and association fees
2. New game jersey (with name on the back)
3. Practice jersey

Cheer

1. All league and association fees
2. New team uniform (bloomers, socks, bow, and poms included)
3. Practice T-shirt and shorts

Free Football and Cheer Clinic

In partnership with AJM Insurance of Mt. Laurel, Mt Laurel Fleetwood Football and Cheer bring you a FREE training clinic for our registrants. The Philadelphia Soul Players and Soul Mates will be in attendance to provide a Football and Cheer clinic & training!

Date: Saturday March 21st

Time: 6-8pm

Location: Hartford School Gym

Must Pre-Register to Qualify

Youth Football Training Stations

<u>Station # 1</u>	Hand-off and Zig-Zag Through Cones.
<u>Station # 2</u>	SOUL Ball Toss.
<u>Station # 3</u>	Bag Tackle and Rap Race.
<u>Station # 4</u>	Step Over Fill Hole Drill.
<u>Photo Opps</u>	Individual pictures with the players.

Cheer Clinic Training Schedule

- ✓ The girls will be learning dances, bumps, and stairs routines.
- ✓ Hydration Break Cheerleaders will break midway through the clinic and hydrate.
- ✓ Photo Opps Each participant will have a personal photo opp with SOULMAN!
- ✓ DEBUT PERFORMANCE... of their NEW cheer routine for the families!

Goodie Bags! Each registrant will receive a SOUL goodie bag with practice ball!

There is limited space available so only the first 50 (football and cheer combined) to pre-register will be able to attend. To pre-register send an email to: Mtlaurelfootball@gmail.com with your child's name, age, and weight.

Football and Cheer Program Positions

As you all know we published earlier in the year that the program was looking to fill several positions for Football Cheer and Program duties. Committees were formed interviews convened, advice sought and the following positions have been filled. We are still actively looking for cheer representation especially coaches for the 2015 season. Anyone interested please contact Rob Monaco at FleetwoodFB@gmail.com.

Football Head Coaches

Robert Monaco – 65lbs

Tim Smith – 80lbs

Jason Pertuit – 95lbs

Don Davis – 110lbs

Bob Long – 125 lbs

Mike Cole – Junior High

Additional Positions

Nikki Jones, Concessions Manager

Michael Cole, Recruitment

Board

Robert Monaco, President

Stuart Yaffa, Treasurer

Jason Gola, Secretary

Robert Long, VP Football Operations

Kimberly Long, VP Cheer Operations